

WOMEN'S APPAREL/BELT MEASUREMENTS

Alpha US/UK DE/EU	Alpha MX	Numeric US/MX/Bottoms	UK Bottoms	DE/EUR Bottoms	Natural Waist	Hip	Chest	Arm Length
XS	X-Chica/XCH	0	4	30	25½	35	32 - 33	29½ - 29¾
		2	6	32	26½	36		
Small	Chica/CH	4	8	34	27½	37	34 - 35	30¼ - 30½
		6	10	36	28½	38		
Medium	Mediano/M	8	12	38	29½	39	36 - 37	31 - 31¼
		10	14	40	30½	40		
Large	Grande/G	12	16	42	32	41½	38½ - 40	31¾ - 32
		14	18	44	33½	43		
XL	XG	16	20	46	35¾	45	42 - 44	32½ - 32¾
		18	22	48	38	47		
XXL	XXG	20	24	50	40¼	49	46 - 48	33¼ - 33½
		22	26	52	42½	51		
3XL	3XG	24	28	54	44¾	53	50 - 52	34 - 34¼
		26	30	56	47	55		
4XL	4XG	28	32	58	49¼	57	54	34¾

HOW TO MEASURE:

NECK: Measure the largest portion of the neck circumference.

CHEST: Measure under arms and around the fullest part of your chest with measuring tape parallel to the floor

WOMEN'S NATURAL WAIST: Measure around the smallest part of your waist (where it bends).

WOMEN'S HIP: Stand with your feet together & measure around the fullest part of your hip with the measuring tape parallel to the floor.

ARM LENGTH: Slightly bend elbow & measure from center back neck, over top of shoulder & down to wrist

INSEAM: Measure the inseam of pants that fit you well. Place them in a flat position, ensuring both front and back are neatly pressed. Measure from the crotch to the leg hem along the inseam.

WOMEN'S TALL SIZES: have 2" added to body length and 1½" added to sleeve length (¾" for short sleeves).