



HOMESTYLE SIDES



OMEALS HOMESTYLE SIDES ARE SOLD SEPARATELY SO THEY CAN BE PAIRED WITH YOUR FAVORITE HOMESTYLE OR DELUXE MEALS.

Omeals Homestyle Sides are 6 oz of ready to consume wholesome food. All Homestyle Sides are never freeze-dried. Our sides are fully cooked, shelf stable, self-heating and can be eaten anytime anywhere. Our menu offerings are vegan, trans fat free, cholesterol free and contain no artificial flavors.

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NUTRITIONAL INFORMATION	SKU	Unit Size (oz)	Serving Size (g)	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fiber (g)	Sugar (g)	Protein (g)	Vitamin A %DV	Vitamin C %DV	Calcium %DV	Iron %DV
HOMESTYLE SIDES																	
Brown Rice, Quinoa & Lentils	OMSV1	6	170	280	2.5	0	0	0	500	55	4	1	7	0	0	4	8
White Rice	OMSV2	6	170	310	4	0	0	0	5	60	2	0	6	0	0	4	2



INGREDIENTS

BROWN RICE, QUINOA & LENTILS: WATER, BROWN PARBOILED LONG GRAIN RICE, QUINOA, LENTILS, CONTAINS 2% OR LESS OF THE FOLLOWING: MODIFIED CORN STARCH, CANOLA OIL, SEA SALT, GARLIC POWDER, ONION POWDER, SOY LECITHIN, SPICE, PARSLEY. CONTAINS SOY.

WHITE RICE: WATER, PARBOILED LONG GRAIN RICE, CANOLA OIL, MODIFIED CORN STARCH.

PACKAGING & SHIPPING INFORMATION

	SHIPPER QUANTITY	SHIPPER WEIGHT	SHIPPER LENGTH	SHIPPER WIDTH	SHIPPER HEIGHT	PALLET TIE/HIGH	PALLET DIMENSIONS
HOMESTYLE SIDES	36	16.5 LBS	15.5"	9.5"	8.5"	12x5	48x40x56H

For more information: 855-9-OMEALS (966-3257) or contact@omeals.com

WWW.OMEALS.COM