

[Inches](#)

Centimeters

Size	Chest (in)	Waist (in)	Hips (in)	Arm Length (in)
XS	31-32"	24-25"	33-35"	31.5"
S	33-35"	26-28"	36-37"	32.0"
M	36-38"	29-31"	38-40"	32.5"
L	39-41"	32-34"	41-43"	33.3"
XL	42-44"	35-38"	44-47"	34.0"

Inches

[Centimeters](#)

Size	Chest (cm)	Waist (cm)	Hips (cm)	Arm Length (cm)
XS	78.74-81.28cm	60.96-63.50cm	83.82-88.90cm	80.01cm
S	83.82-88.90cm	66.04-71.12cm	91.44-93.98cm	81.28cm
M	91.44-96.52cm	73.66-78.74cm	96.52-101.60cm	82.55cm
L	99.06-104.14cm	81.28-86.36cm	104.14-109.22cm	84.58cm
XL	106.68-111.76cm	88.90-96.52cm	111.76-119.38cm	86.36cm

HOW TO MEASURE

Chest: Measure around the widest part of your chest, keeping the measuring tape horizontal.

Waist: Measure around the narrowest part of your waist.

Hips: Measure around the widest part of your hips.

Sleeve Length: Measure from the middle of the base of your neck to your wrist.