

Sizing Chart

T.R.U.®/BDU/ACU

SIZE	WAIST	INSEAM	HEIGHT	CHEST
XSR	23 - 27	29½ - 32½	67 - 71	UP TO 33
SS	27 - 31	26½ - 29½	63 - 67	33 - 37
SR	27 - 31	29½ - 32½	67 - 71	33 - 37
SL	27 - 31	32½ - 35½	71 - 75	33 - 37
MS	31 - 35	26½ - 29½	63 - 67	37 - 41
MR	31 - 35	29½ - 32½	67 - 71	37 - 41
ML	31 - 35	32½ - 35½	71 - 75	37 - 41
LS	35 - 39	26½ - 29½	63 - 67	41 - 45
LR	35 - 39	29½ - 32½	67 - 71	41 - 45
LL	35 - 39	32½ - 35½	71 - 75	41 - 45
XLR	39 - 43	29½ - 32½	67 - 71	45 - 49
XLL	39 - 43	32½ - 35½	71 - 75	45 - 49
2XLR	43 - 47	29½ - 32½	67 - 71	49 - 53
2XLL	43 - 47	32½ - 35½	71 - 75	49 - 53
3XLR	47 - 51	29½ - 32½	67 - 71	53 - 57
3XLL	47 - 51	32½ - 35½	71 - 75	53 - 57
4XLR	51 - 55	29½ - 32½	67 - 71	57 - 61
5XLR	55 - 59	29½ - 32½	67 - 71	62 - 66

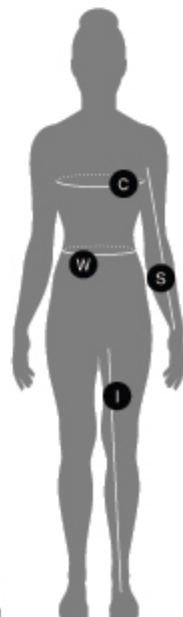
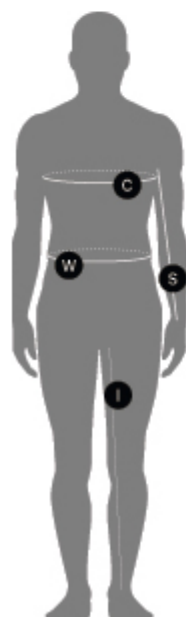
HOW TO MEASURE

SLEEVE: Bend elbow, measure from the center of the neck in back to elbow and down to wrist. Number of inches=size

CHEST: Measure around fullest part of chest, keeping tape up under arms and around shoulder blades. Or, lay garment flat; measure from 2" below underarm to other underarm then double.

WAIST: Measure around waist, over shirt (not over slacks) at the height you normally wear your slacks. Keep one finger between tape and body. Number of inches=size. Or, lay garment flat, measure across waistband then double.

INSEAM: Take a pair of pants that fit you well. Measure from the top of the inside of the leg to the bottom of the pants. Number of inches (round to nearest full inch)=inseam length.



C Chest
W Waist
S Sleeve
I Inseam