

YAKTRAX SIZE**US SHOE SIZE****EXTRA SMALL (XS)****WOMEN'S 2.5-6 / MEN'S 1-4.5****SMALL (S)****WOMEN'S 6.5-10 / MEN'S 5-8.5****MEDIUM (M)****WOMEN'S 10.5-12.5 / MEN'S 9-11****LARGE (L)****WOMEN'S 13-15 / MEN'S 11.5-13.5****EXTRA LARGE (XL)****WOMEN'S 15.5+ / MEN'S 14+**